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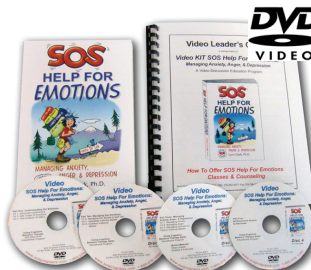
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A Video-Discussion
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Video KIT SOS Help For Parents is used by counselors, educators, clinics, social service professionals, parent groups, and is intended for parenting workshops, classroom use, and parent counseling. This program is enjoyable, easy-to-use, and offers much humor. Allow 5 sessions or classes. See video clips and learn more at www.sosprograms.com.



Video KIT
SOS Help For Emotions:
Managing Anxiety, Anger,
& Depression
for Counselors & Educators
helping adults, teens, &
groups

Video SOS Help For Emotions
Single DVD (87 minutes)

Video KIT SOS Help For Emotions is used by counselors, educators, and clinics to teach teens and adults how to manage emotions of anxiety, anger, and depression with CBT. The KIT is engaging and easy to use. See video clips and learn more at sosprograms.com. Allow two to seven classes. Show one or all four DVD's depending on your objectives. *SOS DVD's can change a life!*

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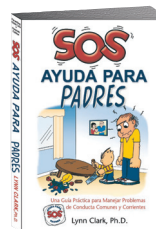
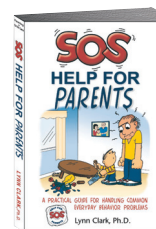
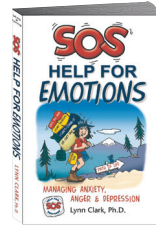
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